

Did you know?

- Almost 70% of us aren't active enough.
- Being active for just 30 minutes a day makes all the difference.
- Walking is one of the best ways to keep active.

Residents of Woodley can find out more by contacting Healthy Habits Woodley at healthyhabits@woodley.gov.uk



What is this leaflet?

This leaflet is one of a set produced through Wokingham Borough Council. The maps show opportunities to walk short journeys, using paths through green spaces or quieter streets where possible. Average walking times are given to help you plan your journey.



About the walks

The walks have been designed to take you away from the tarmac, which means you may need to consider which shoes you wear, especially near the River Loddon.

Most of them are level, although there are steps on the Loddon footbridge and at Earley station.

How to find out more

These maps have been produced by Walk England and Wokingham Borough Council's Local Sustainable Transport team.

For more information or to let us know if you enjoyed these walks email wokinghamdirect@wokingham.gov.uk

For travel information and journey planning visit the My Journey website at www.myjourneywokingham.com

Find out how far you walk, discover new walks and join other Woodley walkers at www.walk4life.info/groups/woodley-walkers

 @WalkWokingham

walk 4 life

Woodley Walks

Short walks in and around Woodley



Walk
ENGLAND





www.myjourneywokingham.com

- Shop / shops
- School
- Church
- Information Centre
- GP surgery
- Rail station
- P&R** Park & Ride
- Other path
- Off Carriageway Cycle Route

- Earley Station to Bulmershe Leisure Centre
1 mile / 20 minutes
- St James' Church Centre to Earley
1 mile / 20 minutes
- Woodley Library to South Lake
1 mile / 20 minutes
- Woodley shops to Garden Centre
1.9 miles / 38 minutes
- Winnersh Triangle Station to Woodley Industrial Estate
2 miles / 40 minutes

