

# tower hamlets



walking maps

walk 4 life  
bethnal green

- Waterside Wander: 2.3 miles / 46 mins
- Green Bethnal Green: 1 mile / 20 mins
- Regent's Canal Loop: 2.6 miles / 52 mins
- Meath Gardens Walk: 1.5 miles / 30 mins
- Surgery

For more information or to  
download a map visit:  
[www.towerhamlets.gov.uk/walking](http://www.towerhamlets.gov.uk/walking)  
or [www.walk4life.info](http://www.walk4life.info)

