



# tower hamlets



## walking maps walk 4 life spitalfields

- Old Spitalfields: 1.6 miles / 32 mins
- Brick Lane Loop: 1.4 miles / 28 mins
- Whitechapel Loop: 2.3 miles / 46 mins
- Shoreditch Ring: 1 mile / 20 mins
- Surgery

For more information or to  
download a map visit:  
[www.towerhamlets.gov.uk/walking](http://www.towerhamlets.gov.uk/walking)  
or [www.walk4life.info](http://www.walk4life.info)

