






# walk 4 life wembley

-  **Walk 1** 1.8 miles / 36 mins
-  **Walk 2** 1.4 miles / 28 mins
-  **Walk 3** 1.2 miles / 24 mins
-  London Underground station
-  National Rail station

These routes will be subject to change during the London 2012 Olympic and Paralympic Games. Some routes may not be accessible from June to September 2012.

For more walks and  
to track your progress visit  
[www.walk4life.info](http://www.walk4life.info)

