






# tower hamlets



walking maps

walk 4 life

bethnal green

-  Waterside Wander: 2.3 miles / 46 mins
-  Green Bethnal Green: 1 mile / 20 mins
-  Regent's Canal Loop: 2.6 miles / 52 mins
-  Meath Gardens Walk: 1.5 miles / 30 mins
-  Surgery

For more information or to  
download a map visit:  
[www.towerhamlets.gov.uk/walking](http://www.towerhamlets.gov.uk/walking)  
or [www.walk4life.info](http://www.walk4life.info)

